



Dear parents/carers,

Yesterday we shared information about our quiz night on Friday 24th March. Proceeds from the quiz night will be split between the Oxfam in Action earthquake appeal for Turkey and Syria and buying resources for our early years outdoor areas. We do hope that you can make it. As usual, fantastic learning across the school this week, including learning about the process of mummification in Year 3! We hope you have a wonderful weekend -

Ross Silcock and Wanda



Some highlights from our school this week:

- Year 6** have been writing a setting description based on a Victorian street.
- Year 5** have been learning about percentages. They have also been writing a balanced argument based on their text 'Wolf Brother.'
- Year 4** have been designing a high energy portable snack for their learning in design technology. They have also been learning about balanced diet.
- Year 3** have been learning mummification as part of their learning about Ancient Egypt.
- Year 2** have been writing based on the perspective of a crayon.
- Year 1** have been learning to read the time.
- Reception** have been enjoying their Forest School lessons. The
- Nursery** have been reading 'Duck in the Truck' and learning about rhyming words.



Secondary school applications- 15th March.

Parents and children are reminded that they need to accept secondary school offers by 15th March 2023. If you have any issues regarding the applications, please contact the office via phone or email. You can also contact directly through the borough.

Young Minds

We would like to direct you to the Young Minds organisation that helps people with dealing with grief. It can be extremely difficult when you lose someone or something important to you. Whether you've lost a family member, a friend, a pet, or any other significant person in your life, you may feel a whole range of emotions. Grief is an emotional response to this loss. It is a process rather than an event and it can affect how you feel physically, mentally and socially. Grief can also present itself in other forms, such as abandonment, the breakdown of a relationship and material losses (home, financial security). Please look at their website for more information and tips on how you can be supported- <https://www.youngminds.org.uk/young-person/my-feelings/grief-and-loss/>

Contacting us –

If you need anything then send us an email.

wfcontact@wingfield.compassps.uk

or leave a message at the school office **020 8856 1167**

Word of the week: exuberant

Definition: full of energy; lively.

Context: it was an exuberant performance.

Dates for the diary

Wingfield Quiz Night

Friday, 24th March 2023

Last day of Spring 2 term

Friday, 31st March 2023

First day of Summer 1 term

Monday, 17th April 2023

Recipe of the week

Banana Bread



Ingredients

- 4 eggs
- 3 large bananas, mashed
- 1/4 cup raw, organic honey (plus extra to serve)
- 1/4 cup of coconut milk
- 1 tbsp of vanilla extract or 1/2 tsp vanilla powder
- 2 tbsp gluten-free baking powder
- 2 1/4 cups of almond flour
- 1/2 tsp sea salt
- 1 tsp cinnamon
- 1 tbsp coconut oil (for greasing)



RBG 500 Word Short Story competition

We are delighted to officially launch their RBG 500 Word Short Story Competition. In line with the celebration of World Book Day on Thursday 2nd March, we are inviting all students from Royal Borough of Greenwich schools to enter our 500-word short story competition.

The theme for this year's competition is IMAGINATION.

Your students can write any short story inspired by the theme of imagination. It needs to be 500 words or under. Please make sure stories are typed, if possible.

There will be a winner and a runner up selected for each key stage. The deadline is **Friday 28th April**. All entries must be sent to Mr. Mitakos via the office email.

Join our Compass SEND

As part of our continuing focus on how we work to best meet the needs of children with special educational needs and disabilities and their families, we would like parental representatives from across our schools to have the opportunity to work with leaders to offer input on aspects of policy and practice.

This would involve meeting at least three times a year, providing input on policy development as well as considering government guidance and research and how these impact on practice within our schools.

If this is something you are interested in, please email a brief personal statement, explaining your experience and why you are interested in joining the group, to mbernard@compassps.uk

Banana Bread

Our answer to afternoon tea is this light and appetising banana loaf. This recipe makes great use of any overripe bananas you may have 'hanging' around. The wholesome ingredients in this loaf are enough to delight... know that this banana bread packs nutritional benefits without sacrificing on flavour. This loaf works beautifully when served with a drizzle of raw honey.

Instructions

- Preheat oven to 175°C.
- In a bowl, mash the banana and mix with the eggs, honey, coconut milk, and the vanilla extract.
- In a separate bowl, combine the baking powder, almond flour, sea salt and cinnamon.
- Combine both mixtures and stir until smooth. If the mixture is too lumpy, try using a potato masher.
- Grease a bread tin using coconut oil and line with silicone-free baking parchment. Grease over the parchment with coconut oil.
- Pour in the mixture and place in the oven.
- Bake for 45 minutes until golden. Remove from oven and leave to cool.
- Once cooled, slice up and serve with a drizzle of honey and a hot latte of your choosing!

Recipe brought to you by the College of Naturopathic Medicine – [Health Coach Course](#)

Wingfield Quiz

We are delighted to announce that we will be hosting a quiz night! This will take place on Friday the 24th of March from 6pm – 8pm. Doors will open at 5:45pm for you to find seats. Maximum team size is 6. Space is limited; tickets are £5.00 per person and can be purchased via the MCAS App, under the products tab. This event is limited to 2 per family - please note this is an adult only event so please don't bring children along. Proceeds from the night will be split between the Oxfam in Action earthquake appeal for Turkey and Syria and our Early Years outdoor areas. Please bring your own drinks and snacks, and any cutlery/glasses/crockery you'll need too. There will be prizes on the night, as well as mini games during the breaks so make sure to bring some cash/change if you'd like to take part. In the meantime, if you'd like to make a donation for the Turkey and Syria earthquake appeal, you can do this at <https://www.oxfam.org.uk/oxfam-in-action/current-emergencies/turkey-and-syria-earthquake-appeal/>.

Wingfield football teams

Well done to both football teams for their participation across the Meridian fixtures across the week. There were some exceptional performances from the boys' team, as they won both fixtures 3-0 and 2-0 respectively. James Van Ze took the plaudits with two well-struck finishes in the box, but the goal of the day must go to Kylan in 5SA. With the game finely balanced, Kylan controlled the ball and hammered a half volley into the top bins. The team performed very well and maintained control throughout both games. The girls' team fought valiantly in the battering rain but lost both fixtures on Wednesday. There were some standout performances for the girls' team. Sienna, of 5SA, was very comfortable in possession and drove the team forwards at every chance. The girls' goalkeeper, Amber, played very well on her first outing between the sticks. Well done to both teams for their commitment and desire to succeed. We can't wait to hear about the next round of fixtures.