



Dear parents/carers,

We have had a fantastic week of learning including visits to Tump 53 and a planetarium being set up in the sports hall! Please see below for a reminder about our **Queen's Platinum Jubilee celebration** on Friday 27th May – remember children can wear fancy dress. Also, our **Sports Day** will be on Friday 10th June, again more information below. Please can we remind parents/carers to label coats, jumpers, etc. as recently we have had so much unclaimed lost property. Finally, please see the next page to find out about **my favourite hobby** – running. Wishing you a wonderful weekend –

Ross Silcock and Wanda



Some highlights from our school this week:

Year 6 have been learning about light and devising an experiment that they will be carrying out next week. They also found out that their end of year production is... 'Beauty and the Beast.'

Year 5 have been using a picture book called 'Flood' to create an extended narrative with cross-curricular links to geography and music.

Year 4 enjoyed tasting and rating a range of delicious fruit in class last week.

Year 3 have been using concrete resources to work out fractions of amounts.

Year 2 have been writing a setting description for Miss Hudson.

Year 1 have been learning about numbers in maths.

Reception had a Planetarium visit to support their learning about space and planets.

Nursery have been learning about Neil Armstrong, who was the first person on the moon.



Unwanted Toys

Nursery and Reception are asking any children and parents across the school to donate any unwanted toys. Please can these be given to the office when they are brought in.

Jubilee Day- a reminder

On Friday, 27th May, we will be celebrating the Queen's Platinum Jubilee. On the day children can wear fancy dress. They can come to school wearing red, white and blue (no football kits please) or they can dress as a king or queen. Throughout the day children will have the opportunity to take part in Platinum Jubilee themed activities and games including designing a stamp and making bunting to decorate their classrooms. As part of our celebrations, our next whole school project will focus on The Commonwealth. Children will have the opportunity to learn about its history and to think about the future of the Commonwealth.

Sports Day- 10th June

This year, Sports Day returns after a two year hiatus due to Covid. The event will be on Friday, 10th June (the first Friday of the new term). Times will be confirmed soon and a letter will be sent out to confirm the timings of the day. The Sports Day will be for year 1-6. A separate Sports Day will be held for the EYFS (Nursery and Reception). There will also be an obligatory teacher's sprint. Who will take this year's crown? Mr. Delaney is hoping to retain the title, but Mr. Mitakos is hot on his heels.

French Word of the Week: l'ordinateur
Translation: computer

Word of the week: chrysalis

Definition: a hard and protective covering.

Context: she emerged from the chrysalis of self-consciousness

Contacting us –

If you need anything then send us an email.

wfcontact@wingfield.compassps.uk

or leave a message at the school office

020 8856 1167

Anti-Bullying Steering Group

School Lead – Miss Robyn Hudson. E-safety leaders – Mr Jack Delaney and Miss Helena Bolt
Members - Mrs Rosie Medhurst, Tazeen Mirza, Ms Vidushi Khosa, Miss Shelley, School council members and Digital Leader

Dates for the diary

Last day of Summer 1 term

Friday, 27th May

First day of Summer 2 term

Tuesday, 7th June

(Monday, 6th June - INSET day - school closed)

Recipe of the week

Prawn fried rice

Ingredients (serves 4)

250g long-grain brown rice

150g frozen peas

100g mangetout

1 ½ tbsp rapeseed oil

1 onion, finely chopped

2 garlic cloves, crushed

Thumb-sized piece of ginger, finely grated

150g raw king prawns

3 medium eggs, beaten

2 tsp sesame seeds

1 tbsp low-salt soy sauce

½ tbsp rice or white wine vinegar

4 spring onions, trimmed and sliced

Method

STEP 1

Cook the rice following pack instructions.

Boil a separate pan of water and blanch the peas and mangetout for 1 min, then drain and set aside with the rice.

STEP 2

Meanwhile, heat the oil in a large **non-stick frying pan** or **wok** over a medium heat and fry the onion for 10 mins or until golden brown. Add the garlic and ginger and fry for a further minute. Tip in the blanched vegetables and fry for 5 mins, then the prawns and fry for a further 2 mins. Stir the rice into the pan then push everything to one side. Pour the beaten eggs into the empty side of the pan and stir to scramble them. Fold everything together with the sesame seeds, soy and vinegar, then finish with the spring onions scattered over.



Planetarium visit

This week, EYFS (Nursery and Reception) were treated to a spectacle of events during their trip to the hall for a Planetarium observatory show. As part of the trip, the children were given the opportunity to enter a blown up dome where they observed projected images of stars and planets. The children were taught about the order of the planets and their features. In addition to that, the children learnt about star constellations and the origins of star signs. After that, the children watched a video of the moon landing as part of an immersive experience. The children were all captivated by the experience and the teachers were also extremely impressed. It just shows you that you don't have to travel too far for an amazing experience! Thank you to all the Planetarium staff for delivering such an informative and captivating experience.



"I liked how we learn about the different planets and The Milky Way" Kamil, RJT

Mental Health

Each week, we will share an activity that you can try at home to help you with maintaining a positive mindset. This week, why don't you share some funny and memorable stories with each other. This is always a springboard to plenty of laughter and a positive mindset.

Royal British Legion- Bexleyheath and Welling branch

The Bexleyheath and Welling branch are completing a 10k honour walk around Danson Park in honour of all who served in our British Armed Forces on Saturday, 21st May. The walk starts at 11.00am. Children who are under 16 must be accompanied by an adult. To register contact Mr Ken Spowles on 0208 303 2601 Or e-mail Ken.Spowles@virgin.net.

Grandad's Camper - Grandad's Camper by Harry Woodgate

Delightfully colourful and carrying a warm, positive message of inclusion and love, Woodgate's uplifting picture book depicts a grandad recapturing the adventures of his youth courtesy of his granddaughter. A long time ago, Grandad and Gramps spent many happy days travelling the world together in a camper van. But now Gramps isn't around any more, Grandad doesn't feel much like having adventures. As she listens to his wonderful stories, Grandad's granddaughter has an idea to cheer him up.

My favourite hobby - Mr Silcock

What is your favourite hobby and why?

My favourite hobby is running. It started when my dad ran the London marathon in 1984. My mum, my two sisters and I went to three different points on the course to cheer him on. When dad crossed the finish line and got a medal, I decided that I wanted to run the London marathon too. When we got home, I asked my dad if I could go running with him. My dad and I started running at the weekends and I also joined the cross-country team at my school, BETHS Grammar. Today I still run four times per week and Wanda will join me for a few of those runs too. Usually we run to Greenwich Park, complete a lap of the park, and then head home along the Thames river path. We always run early in the morning; it clears my head, and it gives me the energy I need to be a headteacher!

What has your hobby taught you?

My hobby has taught me to be resilient. I have run the London marathon three times – in 2001, 2008 and 2012. Training for the London marathon is tough! You need to train three or four times a week through the winter months. When I was training for the London marathon in 2012, I did a 10 km run in the snow! Also, training for a marathon can lead to injuries. I had been due to run the London marathon in 2011, but I had to defer my place to 2012 because I tore a muscle in my right foot which was very painful!

What is your greatest achievement with your hobby?

My greatest achievement is raising approximately £7000 for charity by running the London marathon three times.

What is your greatest memory?

My greatest memory is finishing the London marathon in 2012. I achieved a personal best time of 4 hours and 5 minutes and I raised over £2000 for the MPS Society. I chose to raise money for the MPS Society because my nephew has Sanfilippo Syndrome which is a very rare disease and the MPS Society is the only charity that supports children with the disease.

Want to start running?

Join your local community and start running in the ParkRun. Check their website to find out more- <https://www.parkrun.org.uk>

"Running is the greatest metaphor for life, because you get out of it what you put into it." — Oprah Winfrey

