### Wingfield Primary School Weekly Newsletter

Friday, 12th May



Dear parents/carers,

This week the Year 6 children completed the KS2 SATs. They have all worked incredibly hard – well done! I would like to say a BIG thank you to the Year 6 team, led by Mr. Mitakos, who have prepared the children for the tests and supported them throughout the week. We expect to share the KS2 SATs results on Wednesday 12<sup>th</sup> July. Have a wonderful weekend –

Ross Silcock and Wanda

# Some highlights from our school this week:

Year 6 have competed their SATs tests. Congratulations to all the children on their hard work. Year 5 have been writing selfreflections based their class story. Year 4 have been identifying lines of symmetry for their learning in maths. They have also been learning about teeth in science. Year 3 have been making selfportrait collages based on Pablo Picasso's artwork.

Year 2 have been writing a recount based on Roald Dahl's novel 'The Twits'

Year 1 have been learning about Jewish traditions.

**Reception** have been reading 'The Enormous Turnips' and learning about shapes.

Nursery have been learning about Peru and their traditional outfits.

#### Join our Compass SEND

As part of our continuing focus on how we work to best meet the needs of children with special educational needs and disabilities and their families, we would like parental representatives from across our schools to have the opportunity to work with leaders to offer input on aspects of policy and practice.

This would involve meeting at least three times a year, providing input on policy development as well as considering government guidance and research and how these impact on practice within our schools. If this is something you are interested in, please email a brief personal statement, explaining your experience and why you are interested in joining the group, to mbernard@compassps.uk.

#### A few messages from the school

- Should any parents/ carers have any regular spare time free and would be willing to volunteer to read with the children, please do get in touch with the school office.

- This term, the whole school project is the Prince Philip Maritime Museum. The children will be visiting the museum this term. More details will follow soon.

Word of the week: recommend Definition: to suggest or advise. Context: I recommend that book.

#### Contacting us -

If you need anything then send us an email. wfcontact@wingfield.compassps.uk or leave a message at the school office 020 8856 1167

## Dates for the diary

**1EB Sharing Assembly** Friday 19<sup>th</sup> May

**Careers Week** Monday 22<sup>nd</sup> May – Friday 26<sup>th</sup> May

Year 5 visit to National Maritime Museum Monday 22<sup>nd</sup> May

#### Careers Week dress up day

Friday 26<sup>th</sup> May Dress up as the job you would like to do when you grow up.

Last day of Summer 1 term Friday, 26<sup>th</sup> May

First day of Summer 2 term Monday 5<sup>th</sup> June

#### 3LG and 3SS visit to National Maritime Museum

Wednesday 7th June

School Photographs Thursday 8<sup>th</sup> June

Year 1 visit to National Maritime Museum Friday 9<sup>th</sup> June

Year 1 Phonics Screener starts Monday 12<sup>th</sup> June

> Summer Fair Saturday 8<sup>th</sup> July

Reports and statutory assessment results shared/Parents' open evening Wednesday 12<sup>th</sup> July



#### **Emotional wellness**

Emotional wellness is an important part of overall health. Let's come together and talk about our emotional wellbeing and reduce any misconceptions and stigma about mental health. This workshop includes a free mindfulness session, tips on baby massage (morning session) and yoga for adults (evening session) to relax and rejuvenate your mind and body, unwind your day with free food and drinks. Click on the attached link to find out more-<u>https://krititherapy.eventbrite.com</u>

### "Your present circumstances don't determine where you go; they merely determine where you start."

#### Strawberry Overnight Oats

Oats are rich in a range of vitamins, minerals and fats and may play an important role in improving satiety (the feeling of fullness), diet quality, and digestive, cardiovascular, and general metabolic health. Almonds offer protein and healthy fats. This breakfast is simple to prepare the night before and is ready to eat in the morning – perfect for a lazy breakfast, or to grab and go when you have a busy day ahead.

#### Ingredients:

- 1 cup gluten free oats
- 1 cup almond milk
- 1 tbsp almond butter
- 1 tsp brown rice malt syrup, or maple syrup
- 3 medium strawberries, sliced

#### For the jam:

- 1/2 cup fresh strawberries
- 1 tbsp chia seeds
- 1 tsp brown rice malt syrup, or maple syrup
- 1/4 cup water
- 1 tbsp of flaked almonds



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It's time to

**Emotional Wellbeing** 

Friday 19th May

https://krititherapy.eventbrite.com Kidbrooke Community Hub, The Per 8 Pegler Square, Kidbrooke, SE3 96

Kriti Gu

Free session on Mindfulness Free Yoga session Free Baby Massage workshop

nwind with Free Food and Drinks ind out more about Therapies and support free registration for the morning or evening session on the website below

Berkeley

#### Instructions:

- 1. To make the jam topping, add the strawberries, maple syrup and water to a small saucepan and bring to a boil. Boil rapidly for 2 minutes until the strawberries start to break down.
- 2. Reduce to a simmer and cook for a further 3 minutes stirring constantly and mashing the strawberries as you go.
- 3. Once all the liquid has evaporated, you will be left with a thick fruit jam. Remove from the heat and stir through the chia seeds. Allow to cool, then refrigerate overnight.
- 4. Arrange the sliced strawberry pieces around the inner edge of a clean Mason jar.
- 5. In a separate bowl, mix the oats, almond milk, almond butter and the brown rice or maple syrup. Stir to combine.
- 6. Pour the oat mixture into the centre of the Mason jar and push the strawberry slices tightly against the sides.
- 7. Cover the jar tightly with a lid and transfer to the fridge overnight.
- 8. In the morning, stir the oat mixture gently and serve, topped with the chia strawberry jam and flaked almonds.

Recipe brought to you by the College of Naturopathic Medicine - Health Coach Course

#### The Thames and Tide Club: The Secret City

Clem and her friends Ash and Zara are members of the Thames and Tide Club! Every weekend they go mudlarking by the river, searching for treasures that have washed up on the shore. Clem has found old things, new things and a whole heap of rubbish. But one day, she finds something really special. Something magical that belongs in the river and must be returned to its rightful owner ... or else.

Bursting with quirky characters and imaginative world-building elements, this is the start of a delightful young fiction series. Clem and her friends live in a friendly community, and the warmth of that group infuses the whole story. Short chapters and fun illustrations bring huge appeal for readers who are keen to dive in to engaging but accessible stories.

