



## Dates for the diary

**Sports Day**  
Today!

**Last day of Summer 2 term**  
Tuesday, 19<sup>th</sup> July

## Recipe of the week

Courgette fritattas

### Ingredients (serves 4)

- 1 large or 2 small courgettes
- 4 spring onions
- 2 tsp avocado oil
- 1 crushed garlic clove
- 3 large eggs
- Good pinch dill fronds
- 4 tbsp Greek yogurt



### Method

#### STEP 1

Heat oven to 220C/200C fan/gas 7, then put an empty muffin tin inside. Coarsely grate 1 large or 2 small courgettes and slice 4 spring onions. Heat 2 tsp rapeseed oil in a frying pan and fry the spring onions for about 3 mins. Stir in 1 crushed garlic clove and the grated courgette and cook for another 1 min, then set aside to cool.

#### STEP 2

Beat 3 large eggs, a good pinch dill fronds and 4 tbsp Greek yogurt together in a jug, then season. Stir in the courgette mixture. Take the muffin tin out of the oven and drop in eight muffin cases, divide the egg mixture between the cases and bake for 15-18 mins until set and golden. Serve hot or cold with salad.



Dear parents/carers,

Thank you all so much for supporting our KS1 and KS2 sports days today – such an amazing day! I would also like to say thank you to **Miss Wiggin**, our PE leader, for organising today – a day that I am sure all of the children will remember. Following on from our parent questionnaire please do contact myself if you have any ideas for activities and events that parents/carers can take part in. Have a great weekend – Ross Silcock and Wanda



## Some highlights from our school this week:

**Year 6** have been rehearsing for their 'Beauty and the Beast' performance. They also participated in a range of transition workshops.

**Year 5** have been learning about the Commonwealth values and some of the historical events related to the Commonwealth.

**Year 4** have been learning about Jamaica and its links to the Commonwealth in order to create an information brochure.

**Year 3** have researched Nigeria as part of their Commonwealth project. The children were very excited to learn about the food.

**Year 2** have been recreating sounds of Australia in music. They played instruments in different ways to imitate the sound of the didgeridoo and clapsticks. They have also been learning about the column method for their learning in maths.

**Year 1** have been learning about India as part of their Commonwealth Games project. They have also been taking their Phonics screening tests.

**Reception** have been reading 'Rainbow Fish'. They have also been learning about relationships and how to be good friends. For their maths learning, they have discussed the properties of odd and even numbers.

**Nursery** have been making their own South African flags as part of their Commonwealth project.



## Mental Health

Each week, we will share an activity that you can try and home to help you with maintaining a positive mindset. This weekend looks like it is going to be really sunny. Why don't you visit the local park with your family and name as many flowers as you can see? You could also have a small picnic and enjoy the natural environment around you.

## School Fair

Please join us for the Wingfield Primary Summer Fair @ Halton Court Village Hall partnership with Berkley Homes and the London Wildlife Trust on Saturday, 9<sup>th</sup> July. There will be games stalls, refreshments, face painting, tombola, tin can alley, card making workshops, and lots more for all to enjoy. More information to follow over the next few weeks.

## French Word of the Week: l'ordinateur

Translation: computer

## Word of the week: maverick

Definition: an unorthodox or independent-minded person.

Context: she was a maverick detective.

## Contacting us –

If you need anything then send us an email.

[wcontact@wingfield.compassps.uk](mailto:wcontact@wingfield.compassps.uk)

or leave a message at the school

office **020 8856 1167**

## Anti-Bullying Steering Group

School Lead – Miss Robyn Hudson. E-safety leaders – Mr Jack Delaney and Miss Helena Bolt  
Members - Mrs Rosie Medhurst, Tazeen Mirza, Ms Vidushi Khosa, Miss Shelley, School council members and Digital Leader

## World Ocean Day- 8<sup>th</sup> June

World Ocean Day is a chance to celebrate our fabulous blue planet – and a moment to think carefully about its future. Over 70% of the Earth is covered in water. More than half of all the oxygen we breathe comes from marine plants. We rely on the ocean for food security, transportation, coastal defences and much, much more.

Everyone at the National Maritime Museum wants you to feel connected to the sea. That's why this Saturday they're hosting a free festival dedicated to our ocean. This will include incredible ocean science, family-friendly workshops, thought-provoking films and trailblazing art – there is so much to discover this weekend.

The ocean provides us with a precious food chain that helps to balance our ecosystem. The ocean also is a mysterious, largely undiscovered area of our planet. Look below to find out some really mindblowing facts about our ocean:



1. Oceans have an average depth of 12,100 feet, and because light waves can only penetrate 330 feet of water, everything below that point is dark. Seeing as water makes up most of the planet, this means that most of Earth exists in absolute darkness all the time.
2. About 94 percent of the earth's wildlife is found in the ocean.
3. The largest mountain range is found underwater and is called the Mid-Oceanic Ridge that is around 40,390 miles long.
4. Ninety percent of the earth's volcanic activity happens in the ocean.
5. It is estimated there are more than 3 million shipwrecks on the ocean floor.
6. There are more historic artefacts under the sea than in all of the world's museums.
7. Some people argue whether we have four separate oceans or one ocean that encompasses them all. Some scientists claim that all the oceans are interconnected and therefore it should only be viewed as a singular ocean.

Visit the National Maritime Museum to discover more about their events this Saturday- <https://www.rmg.co.uk/whats-on/national-maritime-museum/world-oceans-day-2022>

## My favourite hobby- Mr. Savage

### What is your favourite hobby and why?

My hobby is playing piano/keys in a band. I have been very musical since I was a child. This interest led me to start my music degree at university. When I was younger, I used to love piano lessons at school; I remember my friend was doing it too and this encouraged me as well. I remember moving into a house where a piano had been left behind by a previous family- this meant that I could practise more regularly and it helped to develop my passion for the instrument. Playing the piano has helped me to make many friends and I have even played for about five bands since I was younger. I currently play for a band called Baba Ganoush and our chosen style of music is psychedelic jazz. I love playing gigs with them!

### What has your hobby taught you?

It's taught me the values of discipline when practising. In addition to that, it has shown me how to express my emotions through the arts. The ubiquitous effect of music is so special- it binds people together and it encourages us all to feel liberated. It has taught me the importance of having fun and how enjoying a hobby is important for developing your self esteem and confidence.

### What is your greatest achievement with your hobby?

Performing at Birmingham Symphony Hall and the International Eisteddod festival with a company chamber choir. My band are currently working on our first EP which is soon to be released on Spotify. This is very exciting as our music has the potential to reach all parts of the world. Receiving a scholarship for a piano performance from the University of Nottingham following a third year recital performance will always hold a special place in my heart.

### What is your greatest memory?

My greatest memories will always be playing to an audience. Each and every experience is always memorable and so uplifting. Being on a stage performing is simply electrifying.



***“The piano keys are black and white but they sound like a million colours in your mind.”***