Wingfield Primary School Weekly Newsletter

Friday, 23rd September

Wingfield

Dear parents/carers,

On Monday we will be able to use the Moorehead Way entrance again. However, please be advised that no parking is allowed on Moorehead Way. Please continue to park on Weigall Road. I would like to add that those parents that continue to park on Handley Drive are not only making it very unsafe for children travelling to and from school, you are also preventing those parents with a blue badge from being able to park close to school. Thank you for your cooperation. Have a wonderful weekend – Ross Silcock and Wanda.

Some highlights from our week at school:

Year 6 have been writing a modern article based on the discovery of Shackleton's Endurance.

Year 5 have been testing air resitstance by making parachutes in their science learning.

Year 4 have enjoyed learning about the impact of the Roman Empire to modern day. 4JG visited the London Mithraeum.

Year 3 have been publishing their Shackleton factfiles on the iPads.

Year 2 have been making number bonds to 20

using a range of strategies.

Year 1 have been planning group writes to retell the story of 'The Lonely Beast.'

Reception have been writing messages into bottled related to Shackleton's expedition.

Nursery have really enjoyed reading 'The Gingerbread Man.'



School Journey Reminder

If your child is in Year 4 or 6 and you would like them to take part in the residential trips for 2023 please remember the deposit needs to be paid using the MCAS app by 17.30 Friday, 30^{th} September. If you have any issues or would like to discuss further please contact the office as soon as possible.

School Uniform

Brigade, our school uniform provider, have advised us today that they have cleared their summer holiday back log and the lead time for uniform orders is now 14 days. You can order school uniform online at <u>School - Brigade Clothing, LTD</u>.

Secondary School Admissions

Parent with children in year 6 are reminded that the closing date for secondary school applications is 31st October. You can apply online 24 hours a day. You will receive confirmation that your application has been submitted successfully once you have done. Please make sure that you check you junk mail just in case it is in there. For a paper application you can email: school-admissions@royalgreenwich.gov.uk. You are allowed up to six preferences in a ranked order. If you have any questions regarding the process, please do not hesitate to contact the school.

Reception places

If your child is due to start Reception in September 2023, you need to apply for a primary school place. The deadline for applications is 15 January 2023. Even if your child attends our Nursery, you still need to apply for their place in Reception. If you live in Royal Greenwich, you need to apply through Royal Greenwich. If you live in another borough, you need to apply through your local authority even if you wish to apply for a place in a Royal Greenwich school. The easiest way to apply is through the eAdmissions portal – it's quick, easy and secure – and it's the fastest way to hear the

results https://www.eadmissions.org.uk/?page=Tutorial&service=page.

French Phrase of the Week: ou est le jardin public? Translation: where is the park?

Word of the week: elusive

Definition: difficult to find, catch or achieve. **Context**: they found the elusive shipwreck

Making the cake

Contacting us –

If you need anything then send us an email.

wfcontact@wingfield.compassps.uk
or leave a message at the school
office 020 8856 1167

Dates for the diary

Last day of Autumn 1 term Friday, 21st October

First day of Autumn 2 term Monday, 31st October

Recipe of the week

Warm Almond and Pistachio with Cardamom and Rose



Ingredients:

For the cake

100g gluten-free flour, plus 2-3 tablespoons extra to dust the cake tin 150g ground almonds

100g pistachios kernels

2 teaspoons gluten-free baking powder

2 tablespoons of ground cinnamon

1 tablespoon ground cardamom Pinch of sea salt

4 tablespoons warm water

2 tablespoons of ground flaxseed

120g coconut sugar

120g coconut oil, plus 1 tablespoon to oil the cake tin

1 tablespoon vanilla extract

2 tablespoons rose water

Zest of 1 lemon

250ml rooibos tea or water

To decorate

100ml maple syrup

3 tablespoons lemon juice

4 tablespoon pistachios, roughly chopped

1 tablespoon dried rose petals



Have a go at making this lovely warming sponge cake packed full of heart healthy nuts and topped with fragrant dried rose petals and a sweet citrus glaze. Almonds are a fantastic source of manganese, which helps with metabolising cholesterol and carbohydrates. Instructions for making the cake (ingredients and image presented on the side bar on first page):

- Preheat the oven to 180°C/Gas Mark 6. Lightly oil a 7-inch cake tin and dust with flour -shake out any excess flour.
- To prepare the cake batter, place the gluten-free flour and ground almonds into a large bowl.
- Add the pistachios to a food processor and blitz to a heavy crumb consistency. Add the pistachio crumbs to the flour and almonds. Add the baking powder, cinnamon, cardamom and a pinch of salt. Mix together well to combine.
- Add the ground flax to a small bowl with the warm water. Stir together to combine, creating a flax 'egg'. Set aside whilst you prepare the rest of the cake.
- Cream the coconut oil and coconut sugar together in a mixing bowl or food processor. Add in the flax egg, vanilla extract, rose water and lemon juice. Mix together until smooth.
- Slowly drizzle the tea or water into the wet ingredients a little at a time, stirring until smooth and well combined.
- Add the wet ingredients into the dry ingredients and beat together well until smooth.
- Spoon the cake batter into the lined cake tin and level with the spatula.
- Transfer the cake to the oven for 35 minutes or until golden brown all over, cooked through and a skewer comes out clean.
- Whilst the cake is cooking, whisk together the maple syrup and lemon juice.
- Once the cake is cooked but still warm, drizzle over the lemon juice and maple syrup mix then scatter over the crushed pistachios and rose petals. Serve warm.

Recipe brought to you by thehealthcoach.com.

A message from Royal Greenwich

Royal Greenwich is promoting the updated 'Benefits for children at school' leaflet which summarises the main sources of help available for low-income families. We hope that this will help ensure that parents don't miss out. This factsheet gives information about sources of help for parents with school-aged children. Many families, particularly working families, miss out on support because they do not know they can claim. Don't assume that you cannot get extra help – read on to find out more. The attached link outlines the support that your family can receive- https://mcusercontent.com/353e66c91ca8d217125ad655c/files/b27e56e8-ec20-76d8-0568-2dcb729b77e1/Benefits_for_children_at_school_factsheet_RBG_WRS_August2022.pdf

Support for families

Since the energy crisis began, the cost of living has grown exponentially in all areas of our lives. It is important that the families in our Wingfield community are being supported through some of these challenging financial times. With that in mind, please find some links to support families. These range from gaining financial support to receiving advice. The links are available below:

https://energysavingtrust.org.uk/are-high-energy-bills-having-an-impact-on-your-mental-health/

Citizens advice

https://www.citizensadvice.org.uk/consumer/energy/energy-supply/get-help-paying-your-bills/grants-and-benefits-to-help-you-payyour-energy-bills/

The energy bills support scheme discount – some families maybe eligible for support.

https://www.gov.uk/guidance/getting-the-energy-bills-support-scheme-discount

Review: The Thief Who Sang Storms by Annabelle Toothe We welcome back our resident reviewer to share her recent reading adventure:

I would give this book five stars because it is fast-paced and adventurous. I really like how inventive the author has been with the setting and plot. This book is really unique, and I like that each character has their own skillset, unlike some other books where there's one character that leads everything. I would say that this book is one of those stories where you truly feel like you're part of the plot. In addition to that, it also has some subtle twists which make it really engrossing. I would recommend this book for children aged 9-13 and for readers who enjoy fantasy, adventure and friendships genres.

A little bit about the author (Sophie Anderson):

Sophie Anderson was born in Swansea, and now lives in the Lake District with her family. Her writing is most often inspired by folk and fairy stories, especially the Slavic tales her Prussian grandmother told her when she was young.

SOPHIE ANDERSON

Year group texts

At Wingfield, we recongise the value of using a range of chosen texts to support and underpin our learning. Please look below to find out how your children's year have been using books to support

Year 6 have been reading 'Rooftoppers' and using this text to support their reading learning. In particular, they've identified unknown vocabulary and considered the impact that it has on a narrative.

Year 5 have been reading 'Shackleton's Endurance'. This has helped them to explore prediction, inference, and skimming and scanning skills. Next week, they'll begin reading The Explorer.

Year 4 have been reading 'Wild Robot'. They have used these books to develop description an d encourage children to their imaginations when writing by using adventurous language.

Year 3 have enjoyed learning about the different characters in 'Matilda.' They'll be introduced to Miss Trunchbull soon.

Year 2 have been reading 'Trapped by the Ice'. They have used this text to describe the ice collision and to write diary entries. Next week, they'll be comparing the different version of 'Three Little Pigs', before writing their own version.

Year 1 have been reading 'The Lonely Beast.' They have used this text to develop their understanding of sequencing a story. In addition to that, they have been identifying adjectives and verbs from the story.

Reception have been reading their Shackleton text and discussing the main events from the expedition.

Nursey have been reading 'The Gingerbread Man' - where they could all join in with the repeated refrain and add actions to the repetition. They were also able to explore character emotions and share their very own happy, sad, excited and grumpy faces, too.

