

# Wingfield Primary School Weekly Newsletter

Friday, 7<sup>th</sup> October



Dear parents/carers,

We have had another fantastic week of learning – please see below for highlights. I am excited to share that **International Evening** will be returning! It will be on **Wednesday 2<sup>nd</sup> November**. We will be sharing more information soon, including how to get tickets and what the entertainment will be. Have a wonderful weekend – Ross Silcock and Wanda.



## Some highlights from our week at school:

**Year 6** have been completing a range of long multiplication fluency and reasoning problems. 6DM also had their sharing assembly which was outstanding.

**Year 5** have been investigating the forces of water resistancy and buoyancy.

**Year 4** have enjoyed using our core text 'Wild Robot' to write a detailed setting description based on the five senses.

**Year 3** have been creating aboriginal art based on Emily Kngwarreye's Australian art.

**Year 2** have been re-writing the story of 'The Three Little Pigs.'

**Year 1** brought in their toys and compared them to old fashioned toys.

**Reception** have been learning about animals that live in Antarctica and we drew porthole pictures.

**Nursery** have been learning about penguins as part of their Shackleton learning.



## Secondary School Admissions

Parent with children in year 6 are reminded that the closing date for secondary school applications is 31<sup>st</sup> October. You can apply online 24 hours a day. You will receive confirmation that your application has been submitted successfully once you have done. Please make sure that you check your junk mail just in case it is in there. For a paper application you can email: [school-admissions@royalgreenwich.gov.uk](mailto:school-admissions@royalgreenwich.gov.uk). You are allowed up to six preferences in a ranked order. If you have any questions regarding the process, please do not hesitate to contact the school.

## Reception places

If your child is due to start Reception in September 2023, you need to apply for a primary school place. The deadline for applications is 15 January 2023. Even if your child attends our Nursery, you still need to apply for their place in Reception. If you live in Royal Greenwich, you need to apply through Royal Greenwich. If you live in another borough, you need to apply through your local authority even if you wish to apply for a place in a Royal Greenwich school. The easiest way to apply is through the eAdmissions portal – it's quick, easy and secure - and it's the fastest way to hear the results <https://www.eadmissions.org.uk/?page=Tutorial&service=page>.

## Parents Evening

Parents Evening will be held on the week beginning 17<sup>th</sup> October. Next week, parents/carers will be given the opportunity to book appointments on specific dates provided.

## French Phrase of the Week: ou est...?

Translation: where is... ?

## Word of the week: flabbergasted

Definition: extreme levels of shock

Context: I was flabbergasted by the player's performance.

## Contacting us –

If you need anything then send us an email.

[wfcontact@wingfield.compassps.uk](mailto:wfcontact@wingfield.compassps.uk)

or leave a message at the school office **020 8856 1167**

## Anti-Bullying Steering Group

E-safety leaders – Miss Gemma Edwards

Members - Mrs Rosie Medhurst, Tazeen Mirza, Ms Vidushi Khosa, Miss Shelley, School council members and Digital Leaders

## A message from Royal Greenwich

Royal Greenwich is promoting the updated 'Benefits for children at school' leaflet which summarises the main sources of help available for low-income

## Dates for the diary

### Last day of Autumn 1 term

Friday, 21<sup>st</sup> October

### First day of Autumn 2 term

Monday, 31<sup>st</sup> October

## Recipe of the week

Cauliflower Turmeric Soup  
with Chickpea Croutons



### Ingredients:

#### Soup:

- 2 tsp ground turmeric
- 1.5 cups vegetable stock
- 1 clove of garlic sliced
- 1 thumb sized piece of fresh ginger peeled and chopped
- 1 tbsp coconut oil
- 1 tsp ground cumin
- 1 medium cauliflower head, diced into florets
- white onion diced
- A pinch of sea salt
- A pinch of black pepper

#### Croutons:

- 1 tsp cumin seeds
  - 1 tbsp olive oil
  - 1/2 tin of chickpeas drained and rinsed
  - A pinch of sea salt
  - A pinch of black pepper
- Recipe brought to you by [thehealthcoach.com](http://thehealthcoach.com)



ACTION FOR HAPPINESS Happier - Kinder - Together



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

families. We hope that this will help ensure that parents don't miss out. This factsheet gives information about sources of help for parents with school-aged children. Many families, particularly working families, miss out on support because they do not know they can claim. Don't assume that you cannot get extra help – read on to find out more. The attached link outlines the support that your family can receive-

[https://mcusercontent.com/353e66c91ca8d217125ad655c/files/b27e56e8-ec20-76d8-0568-2dcb729b77e1/Benefits\\_for\\_children\\_at\\_school\\_factsheet\\_RBG\\_WRS\\_August2022.pdf](https://mcusercontent.com/353e66c91ca8d217125ad655c/files/b27e56e8-ec20-76d8-0568-2dcb729b77e1/Benefits_for_children_at_school_factsheet_RBG_WRS_August2022.pdf)

## Support for families

Since the energy crisis began, the cost of living has grown exponentially in all areas of our lives. It is important that the families in our Wingfield community are being supported through some of these challenging financial times. With that in mind, please find some links to support families. These range from gaining financial support to receiving advice. The links are available below:

### Energy Saving Trust

<https://energysavingtrust.org.uk/are-high-energy-bills-having-an-impact-on-your-mental-health/>

### Citizens advice

<https://www.citizensadvice.org.uk/consumer/energy/energy-supply/get-help-paying-your-bills/grants-and-benefits-to-help-you-pay-your-energy-bills/>

**The energy bills support scheme discount – some families maybe eligible for support.**

<https://www.gov.uk/guidance/getting-the-energy-bills-support-scheme-discount>

## Making the soup

Have a go at making this lovely warming soup cake packed full of hearty and healthy ingredients and topped off with some croutons..

**Instructions for making the soup (ingredients and image presented on the side bar on first page):**

- Preheat the oven to 195 degrees Celsius, 175 degrees fan assisted.
- To prepare the chickpea croutons, dry the chickpeas thoroughly, discarding any loose outer skin.
- Add the chickpeas to a small bowl and mix with the olive oil, cumin seeds, salt and pepper. Mix well to combine.
- Arrange the chickpeas evenly across a shallow oven tray and roast for 22-25 minutes until crisp and golden, turning halfway through.
- Whilst the chickpeas are roasting you can prepare the soup.
- Heat the coconut oil in a large pan over a medium heat. Add the onion, garlic, ginger, cumin and turmeric. Stir well to combine, cooking gently until tender.
- Add the cauliflower florets to the pan along with the vegetable stock. Bring to a simmer, cooking the cauliflower until just tender - about 4 minutes.
- Add the coconut milk to the pan, bring to a boil and then simmer gently for 10 minutes.
- Transfer the soup mixture to a blender and blend until completely smooth.
- Scatter with chickpea croutons to serve.

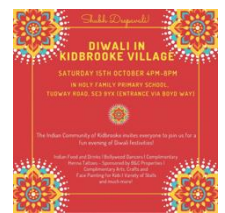
Recipe brought to you by [thehealthcoach.com](http://thehealthcoach.com)

## World Mental Health Day

Next week, Wingfield will be celebrating World Mental Health Day on Monday 10<sup>th</sup> October. To help raise awareness, all classes Year 1 - 6 will have the opportunity to participate in a mindfulness, yoga workshop on Monday or Tuesday in place of their assembly.

## Diwali in Kidbrooke Village

The Indian Community of Kidbrooke invites everyone to join us for a fun evening evening of Diwali festivities! You will find Indian food and drinks, henna tattoos, and face painting for children.



## The Girl who Speaks Bear- a review by Emilija Valaskeviciute

The book is about a girl who was found in the forest as a baby by a lady. They live in a snowy biome with small villages scattered around. It uses very descriptive vocabulary as it tells the story of the amazing adventures of Yanka (the girl). This story not only tell us about how Yanka was found in a forest, but how she also starts to develop to turn into a bear! This book was written by Sophie Anderson, the best- selling author of 'The House With Chicken Legs'. I loved reading this book so much it even inspired me to write a story similar to this one.

***“Written with passion and compassion, Anderson's talent as a weaver of magic and creator of evocative landscapes is growing with every book.”***

