

# Wingfield Primary School Weekly Newsletter

Friday, 21<sup>st</sup> October



Dear parents/carers,  
We have had a fantastic first term and, in particular, the outcomes from our Shackleton project have been superb. Hopefully if you were in school for parents' evening you got to see the wonderful Shackleton displays. As always, thank you for your continued support. We will look forward to seeing many of you at International Evening. Have a wonderful half term holiday – Ross Silcock and Wanda



## Some highlights from our week at school:

- Year 6** have designed and created their own vests based on the work by Alexandra Hackett in the D.T. lessons.
- Year 5** have been painting their clay tiles which were inspired by Islamic geometric art using carefully chosen complimentary colours.
- Year 4** have been making their own paintings based on Michelangelo's work.
- Year 3** are finishing their aboriginal art topic with their final piece.
- Year 2** have learnt about how to live healthily focussing on the three aspects of diet, exercise and hygiene.
- Year 1** have been reading 'Ruby', which is a story about a bear.
- Reception** have made gingerbread men in their cooking lessons.
- Nursery** have been reading 'Goldilocks and the Three Bears.'

## Secondary School Admissions

Parent with children in year 6 are reminded that the closing date for secondary school applications is 31<sup>st</sup> October. You can apply online 24 hours a day. You will receive confirmation that your application has been submitted successfully once you have done. Please make sure that you check your junk mail just in case it is in there. For a paper application you can email: [school-admissions@royalgreenwich.gov.uk](mailto:school-admissions@royalgreenwich.gov.uk). You are allowed up to six preferences in a ranked order. If you have any questions regarding the process, please do not hesitate to contact the school.

## Reception places

If your child is due to start Reception in September 2023, you need to apply for a primary school place. The deadline for applications is 15<sup>th</sup> January 2023. Even if your child attends our Nursery, you still need to apply for their place in Reception. If you live in Royal Greenwich, you need to apply through Royal Greenwich. If you live in another borough, you need to apply through your local authority even if you wish to apply for a place in a Royal Greenwich school. The easiest way to apply is through the eAdmissions portal – it's quick, easy and secure - and it's the fastest way to hear the results <https://www.eadmissions.org.uk/?page=Tutorial&service=page>.

## Children pick ups

Parents/carers must inform the school office if they are sending someone different to collect their children. Regardless of whether it is a long standing agreement or just for one particular day, the office must be informed.

## School photos

The school photographer will be in on Tuesday 1<sup>st</sup> November to take individual and sibling photos. Please ensure your child is wearing full school uniform on this day.

**French Phrase of the Week:** bonne vacances!

**Translation :** have a good holiday!

**Word of the week:** respite

**Definition:** a short period of rest.

**Context:** the parents were glad for the respite.

Contacting us –  
If you need anything, then send us an email.  
wfcontact@wingfield.compassps.uk  
or leave a message at the school office 020 8856 1167

## Anti-Bullying Steering Group

E-safety leaders – Miss Gemma Edwards

Members - Mrs Rosie Medhurst, Tazeen Mirza, Ms Vidushi Khosa, Miss Shelley, School council members and Digital Leaders

## Dates for the diary

**First day of Autumn 2 term**

Monday, 31<sup>st</sup> October

## Recipe of the week

### Ingredients:

#### For the soup

- 4 medium beetroots
- 4 cups hot vegetable stock
- 2 cloves of garlic
- 2 tbsp olive oil
- 1 small red onion
- 1 tbsp chopped fresh rosemary
- 1 tbsp grated fresh ginger
- 1/4 cup coconut milk plus extra to serve
- a generous pinch of sea salt
- a pinch of black pepper

### Ingredients:

#### For the walnut croutons

- 1/2 cup walnuts
- 1/4 tbsp chia seeds
- 2 tbsp chopped fresh rosemary
- 1 tsp melted coconut oil
- 1/4 tsp sea salt

Recipe brought to you by **thehealthcoach.com**



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
23	24	25	26	27	28	29
30	31	1	2	3	4	5

## Black History Month

This week, the children have been watching videos to celebrate Black History Month. In addition to that, children have been using their PSHE lessons to learn about famous trailblazers in black history. In year 2, they have been learning about Joe Clough, who was the first black bus driver in London. There was also an assembly to recognise the importance of Black History Month.

## Half Marathon- a message from Miss Sully

On Sunday 9<sup>th</sup> October, I ran my first ever half marathon! I ran the Royal Parks half marathon to raise awareness for a charity that is very close to my heart, The Tommy Crush Foundation. <https://tommycrushfoundation.org.uk> After trying out running in lockdown, I never got further than 3K; 5K seemed like a marathon in itself! When TCF asked who would like to run the Royal Parks Half Marathon, I put myself forward. I wanted to challenge myself and try something new, but, most of all, I wanted to raise awareness for the charity. The charity was set up by Tommy's mother, a very close childhood friend of mine. The TCF raises money to support teenagers who are vulnerable to suicide, and they have helped many young people. At the charity, we are very aware of the importance of mental health and wellbeing to a young person. It has been a very tough six months training. It involved a lot of stamina building and, after many runs, I built myself up to the 13.1 miles that I completed last Sunday. It was a fantastic event and achievement for me, and I got to run it with Tommy's parents. I was very lucky to have lots of supporters, including my two biggest fans, my sons. I am very pleased that I have raised £1,580 for the charity. If you would like to read my story, please find the attached link- <https://www.justgiving.com/fundraising/dena-sully>.



## A massive congratulation to Miss. Sully from everyone at Wingfield!

## Protecting your child from polio this half term

Please share this message with parents of children in the relevant age group. There are signs the polio virus may be spreading in London and the number of children vaccinated in Greenwich is lower than it should be. Boosting immunity in children should help protect them and reduce the risk of the virus continuing to spread. All children aged 1-9 in London are being offered a polio vaccine. For some children this will be an extra dose, for others it will bring them up to date with their routine vaccinations. Additional clinics are being organised this half term. You can book your appointment now at [selondonics.org/polio-vaccination](http://selondonics.org/polio-vaccination). New clinics will continue to be added so please check back if there are none showing as available.

## Support for families

Since the energy crisis began, the cost of living has grown exponentially in all areas of our lives. It is important that the families in our Wingfield community are being supported through some of these challenging financial times. With that in mind, please find some links to support families. These range from gaining financial support to receiving advice. The links are available below:

### Energy Saving Trust

<https://energysavingtrust.org.uk/are-high-energy-bills-having-an-impact-on-your-mental-health/>

### Citizens advice

<https://www.citizensadvice.org.uk/consumer/energy/energy-supply/get-help-paying-your-bills/grants-and-benefits-to-help-you-pay-your-energy-bills/>

### The energy bills support scheme discount – some families maybe eligible for support.

<https://www.gov.uk/guidance/getting-the-energy-bills-support-scheme-discou>

## Making the soup

This rich, creamy soup is naturally sweet due to the roasted beetroot and velvety coconut milk. To add a little texture, the dish is finished with crunchy walnut and chia croutons, seasoned with a little rosemary and sea salt. A hearty and vibrant dish, this is a warming addition to your lunch.

### Instructions:

Preheat the oven to 200°C/180°C fan assisted

Peel the beetroot and slice in half. Arrange on a shallow oven tray and drizzle with a tablespoon of olive oil. Place in the oven to roast for 35-45 minutes until tender and caramelised.

Whilst the beetroot cooks you can prepare the walnut croutons. Add all the crouton ingredients to a small mixing bowl and stir together well to combine, ensuring the walnuts get evenly coated in the seasonings and seeds.

Line a shallow oven tray with silicone-free baking paper. Tip the nuts out onto the oven tray and spread evenly.

Once the beetroot is cooked, remove from the oven and set aside. Reduce the oven to 160°C/140°C fan assisted.

Transfer the walnuts to the oven to bake for 15 minutes, turning halfway through. Set aside to cool completely.

Heat a tablespoon of olive oil in a large pan over a low/medium heat and sweat the garlic and onion until tender.

Add the chopped rosemary and fresh ginger to the pan and stir to combine.

Dice the cooked beetroot and add to the pan, season with salt and pepper and stir well.

Add the hot vegetable stock to the pan and bring the soup to a boil, then reduce to a simmer for 10 minutes.

Add the coconut milk to the pan and stir through the soup.

Transfer the soup to a blender and blend until silky smooth.

## Some ideas for your autumn half term...

**Miss. Edwards:** "I've seen there's stuff for Diwali going on in the Maritime Museum this Saturday – music, dance, craft workshops etc., and then there's the lantern parade on Saturday evening through Greenwich."

**Mr. Delaney:** "Families could visit Oxleas Wood on Shooter's Hill. The woodland part of Oxleas will be covered in orange leaves, which is a beautiful scene to take in while drinking a hot chocolate from the park's café A perfect place to take your dog!"

**Mrs. Martinez Gallego:** "I suggest going to Greenwich Park and collect leaves, different colours, sizes and shapes. Then, make a collage with them while enjoying a hot chocolate at home."

**Miss. Bradley:** "I'm going to go pumpkin picking as it is Halloween next week and it is my first time of the year."