

Wingfield Primary School Weekly Newsletter

Friday, 4th November 2022



Dear parents/carers,

We started this term with an amazing International Evening! Thank you again to everyone that worked to make this such a memorable event for our community. We will, of course, have International Evening next year. We are in the early stages of planning an event for the spring terms; if you have any ideas please let us know. Have a lovely weekend – Ross Silcock and Wanda



Some highlights from our school this week:

Year 6 have been writing poetry based on settings inspired by Georgia O'Keefe's artwork.

Year 5 have been practising their persuasive writing by writing a holiday advert for a South American country. They have also been developing their multiplication skills for their learning in mathematics.

Year 4 have been reading 'Sharman's Apprentice'. They have used this text to write setting descriptions based on the Amazonian rainforest.

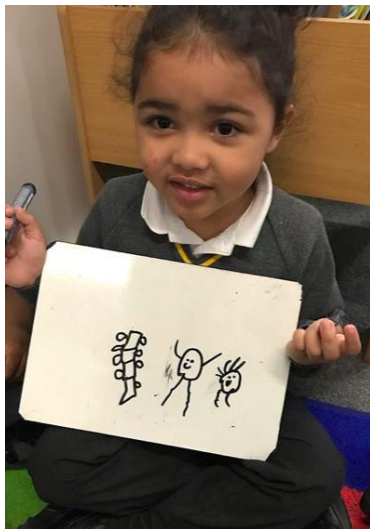
Year 3 have been identifying features of playscripts in preparation for writing based on Roald Dahl's 'The Witches'. For their learning in maths, they have begun referring to their times table knowledge to support their multiplication and division learning.

Year 2 have been looking at different foods and the processes they go through before we buy them in shops. The children have been distinguishing between reared, grown and caught food.

Year 1 have been

Reception have been talking about special memories that they have shared with their families. They drew pictures and wrote words to describe these special times!

Nursery have been learning about Rama and Sita and the Diwali Festival of Lights.



Reception places

If your child is due to start Reception in September 2023, you need to apply for a primary school place. The deadline for applications is 15th January 2023. Even if your child attends our Nursery, you still need to apply for their place in Reception. If you live in Royal Greenwich, you need to apply through Royal Greenwich. If you live in another borough, you need to apply through your local authority even if you wish to apply for a place in a Royal Greenwich school. The easiest way to apply is through the eAdmissions portal – it's quick, easy and secure - and it's the fastest way to hear the results <https://www.eadmissions.org.uk/?page=Tutorial&service=page>.

Children pick ups

Parents/carers must inform the school office if they are sending someone different to collect their children. Regardless of whether it is a long-standing agreement or just for one particular day, the office must be informed.

Christmas events

Over the next few weeks, the office will be releasing dates for all the Christmas events occurring at Wingfield. Make sure you check your emails to find out more.

French Phrase of the Week: Le weekend prochain

Translation : Next weekend

Word of the week:

Definition:

Context:

Contacting us –

If you need anything then send us an email. wfcontact@wingfield.compassps.uk or leave a message at the school office 020 8856 1167

Anti-Bullying Steering Group

School Lead – Miss Robyn Hudson. E-safety leaders – Mr Jack Delaney and Miss Helena Bolt
Members - Mrs Rosie Medhurst, Tazeen Mirza, Ms Vidushi Khosa, Miss Shelley, School council members and Digital

Support for families

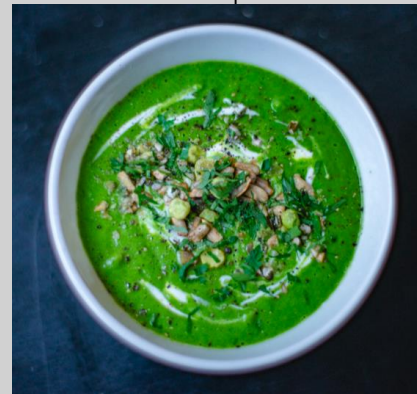
Since the energy crisis began, the cost of living has grown exponentially in all areas of our lives. It is important that the families in our Wingfield community are being supported

Dates for the diary

Last Day of Autumn 2 term
Friday, 16th December 2022

First Day of Spring 1 term
Wednesday, 4th January 2023

Recipe of the week
Pea Spinach & Kale Green
Soup



Pea protein keeps our energy levels sustained, whilst spinach and kale provide the omega 3 fats needed to keep the brain's nerve cells, which co-ordinate mood and behaviour, firing optimally. Dark leafy greens contain folate (which can be low in people with depression) and magnesium (which calms the central nervous system and racing minds).

Ingredients

- 205g frozen garden peas
- 1 onion
- 3 celery stalks
- 1 garlic clove, crushed
- 160g spinach leaves
- 100g kale, chopped and large stalks removed
- 235g pre-cooked cannellini beans
- 250ml vegetable stock
- Sea salt and black pepper to taste

Optional topping

- A dollop of yoghurt
- Fresh herbs and seeds

Please look on the next page to find the instructions on how to cook this appetising soup.



through some of these challenging financial times. With that in mind, please find some links to support families. These range from gaining financial support to receiving advice. The links are available below:

Energy Saving Trust

<https://energysavingtrust.org.uk/are-high-energy-bills-having-an-impact-on-your-mental-health/>

Citizens advice

<https://www.citizensadvice.org.uk/consumer/energy/energy-supply/get-help-paying-your-bills/grants-and-benefits-to-help-you-pay-your-energy-bills/>

The energy bills support scheme discount – some families maybe eligible for support.

<https://www.gov.uk/guidance/getting-the-energy-bills-support-scheme-discou>

Home Learning

We hope that you find the Home Learning Journals a useful way to communicate with us about your child's progress. Please continue to support your child's learning by listening to them read every night. Children and parents are reminded that all reading needs to be recorded in the journals.

New members of staff

We would like to welcome two new members of staff to the Wingfield team. Carla Cau and Shannon McCarthy will be working across the school supporting a range of year groups. We would also like to welcome Safiya Nur who is a trainee teacher. She will be working in year 1 until January.

Mental Health

Each week, we will share an activity that you can try at home to help you with maintaining a positive mindset. For this week, why don't you read a book with a member of your family. Make sure that you use expression and intonation when in character.

Best places to watch the fireworks

It's that time of year again, when London's skies are lit up by a sparkling array of fireworks displays. To commemorate Guy Fawkes, bonfires will be lit, and fireworks will be catapulted into the sky in a range of spots across the capital. Please look below to find out where your local shows are:

Danson Park- the annual family fireworks show at Danson Park, Bexley, brought to you by Welling Round Table. Come and enjoy a great, safe family evening out in the beautiful settings of historic Danson Park - be wowed by the beautiful 25-minute spectacular firework display choreographed to music and set over the lake. There will also be a children's fun fair, stalls and plenty of food and refreshments available. Please note there is no general onsite parking. Please look at their website to find out more- <http://www.dansonparkfireworks.co.uk>



Beckenham (Croydon Road Recreation Ground)- Beckenham Fireworks in the Park is a family-friendly fireworks display for Bonfire Night that has been run since 1946. They have a quieter display at 6pm (fireworks for smaller children – some small bangs) and a main firework display at 7.45pm. Both displays set to music. Gates open on Croydon Road and Village Way in Beckenham at 5pm. Please look at their website to find out more- <https://beckenhamfireworks.com>

Pea Spinach & Kale Green Soup

Instructions

Slice the onion and celery and sauté in a pan with the olive oil, a bit of salt and pepper, until soft. Add the garlic and cook for a further minute. Add in the kale and cook until softened, approximately 5 minutes.

Stir in the stock, bring it to a simmer and then add in the frozen peas and cannellini beans. Sit for 4-5 minutes until the peas are thawed but not over-cooked (they'll lose their vibrant green). Start to transfer the soup mixture into a blender (make sure it's not piping hot otherwise it'll splurt out of the blender lid and burn you!) adding the spinach leaves, and blend in batches – the spinach will cook in the residual heat of the soup, and it also helps to retain its fresh green colour. Taste and season the soup and serve in a warmed bowl with a dollop of yoghurt, fresh herbs and seeds.

Recipe brought to you by thehealthcoach.com.

International Evening

On Wednesday evening, Wingfield hosted its first International Evening for three years and it was a roaring success. To begin with, some children and their parents were invited to bring in a range of traditional meals related to their cultures and backgrounds. All attendees were then given the opportunity to try out all the various cuisines. There was not a hungry person left in the house once all the food had been devoured. To complete the marvellous evening, the guests were treated to Irish dancing- some children and parents (and staff!) even joined in. A special shoutout must also go to Mrs. Park for performing two South Korean songs to finish the evening. A massive well done must go Mr. Delaney who arranged and coordinated the event expertly. We can't wait for next year's edition already!

"I had the best time ever. I wish we could do this every week." Vedant, 3SS

"Thank you to all parents and carers who came and contributed. Loved it and can't wait for next year." Mr. Delaney

